



# MARCH 2010



SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>2</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00 <b>13 &amp; Up 5:30 - 7:00 AM</b>	<b>3</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>4</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00 <b>13 &amp; Up 5:30 - 7:00 AM</b>	<b>5</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>6</b> WI & WII 8:00 - 9:00 Bronze 8:00 - 9:15 Silver/Gold 8:00 - 9:30 Varsity 8:00 - 9:30 PreSr/Sr 7:30 - 9:30
7	<b>8</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>9</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00 <b>13 &amp; Up 5:30 - 7:00 AM</b>	<b>10</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>11</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00 <b>13 &amp; Up 5:30 - 7:00 AM</b>	<b>12</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>13</b> Goal Setting All Groups 3:00-4:30pm Wear suit & bring gear
14	<b>15</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>16</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00 <b>13 &amp; Up 5:30 - 7:00 AM</b>	<b>17</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>18</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00 <b>13 &amp; Up 5:30 - 7:00 AM</b>	<b>19</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>20</b> Parent-Swimmer Relay Meet & Pancake Breakfast 7:30-9:30
<b>21</b> Team Banquet Del Valle Park Youth Center 1-3pm	<b>22</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>23</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00 <b>13 &amp; Up 5:30 - 7:00 AM</b>	<b>24</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>25</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00 <b>13 &amp; Up 5:30 - 7:00 AM</b>	<b>26</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>27</b> Stroke Clinic Info TBA
<b>28</b>	<b>29</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<b>30</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00 <b>13 &amp; Up 5:30 - 7:00 AM</b>	<b>31</b> WI & WII 4:45 - 6:00 Bronze 4:45 - 6:15 Silver/Gold 5:45 - 7:30 Varsity 5:45 - 7:30 PreSr/Sr 4:30 - 7:00	<ul style="list-style-type: none"> <li>T/TH 5:30-7:00AM SWIM for 13 &amp; Up at CERRITOS POOL</li> </ul>		