

Lakewood Aquatics 2010 Meet Schedule

Date of Meet	Name of Meet	Place of meet	Type of meet	Notes
Jan 9-10	Last Jo Ditch	@ Downey	BRW	
Jan 8-10	Q Meet	Belmont, Long Beach	Sr. Meet	
Jan 15-18	Grand Prix Meet	Belmont, Long Beach	Sr. Meet	
Jan 29-31	Younger JO's (12-Un)	Belmont, Long Beach	Spring JO Qualifiers	
Feb 4-7	Older JO's (13 & Up)	Belmont, Long Beach	Spring JO Qualifiers	
Feb 13-14	SCS H/F Sr. Meet	Cerritos	Sr. Meet	
Feb 20-21	Metro Section Champs	Downey	Champs	Mandatory
Feb 27-28	SCS Swim Festival	Belmont	Swimmers are selected	
March	Camp/Relay Meet	Cerritos	For Fun	More info to come
Mar 14	Awards Banquet	TBA		
April 10-11	CERR BRW Meet	Cerritos	Long Course	
April 23-25	SCS H/F Sr. Meet	La Mirada	Sr. Meet	
May 1-2	RMDA BRW Meet	La Mirada	Long Course	
May 22	Swim -a- thon	Cerritos		
May 28-30	Speedo Grand Challenge	Irvine	Sr. Meet	
June 12-13	Last Invite Ditch	Downey	Long Course	Last Chance for June Invite
June 10-13	TYR Grand Challenge	Mission Viejo	Sr. Meet	
June 25-27	SCS June Invite	La Mirada	June Invite	
July 8-11	Grand Prix	USC	Sr. Meet	
July 21-25	Gold Sectionals	Santa Clarita	Sr. Meet	
July 17-18	Last JO Ditch	La Mirada	RMDA BRW Meet	LC Last Ditch JO's
July 29-Aug 1	SCS Long Course JO's	Mission Viejo	Summer JO Qualifiers	
August 7-8	Metro- JO Max LC Champs	Downey	Championship Meet	Mandatory
August 9-13	Speedo Jr National Championships	Irvine	National	
	Lakewood will take a break	From August 16 thru	Aug 29	